



Integrative Bodywork, Inc

"Promote Health and Vitality, Not Disease and Illness"

<p>Unified Therapy™</p>	<p>Unified Therapy™ is an interactive brain body approach that enables the client to unlock pain, accumulated stress, anxiety and trauma. Unified Therapy™ addresses the ideology or cause of the conditions rather than simply treating and managing symptoms. It can be integrated with and complements other healing therapy treatments including psychotherapy, chiropractic and acupuncture.</p>
<p> Sports Massage/ Myofascial Active Release</p>	<p>(MYO=muscle, Fascia =connective tissue)</p> <p>It is focused on the particular muscles and injuries specific to a sport...the therapist will aim to increase flexibility and balance where necessary and remove knots, tension and restrictions. It is geared towards the athletes' sports and specifically designed to enhance athletic performance, assist in recovery and to aid in the healing process.</p>
<p>Acupuncture</p>	<p>Acupuncture uses the body's own internal resources to promote innate healing. Acupuncture and Eastern Medicines are safe, effective and drug free options to treat many acute and chronic conditions.</p>
<p> Medical Heart Rate Variability & Stress Analysis</p>	<p>When we are under repetitive stressors, without release, it changes our biology, our chemistry, our bodies, our mind, our brains, and our nervous system, causing a catabolic or break down state. Over time this chronic state of stress can contribute to pain, disease and even illness.</p> <p>In only 7-minutes we provide a scientifically proven, convenient analysis that can detect initiating disease states by measuring how well your body does or does not handle and adapt to stressors. This information will help your therapist develop a treatment plan from the results.</p>
<p>Essential Oils & Aromatherapy</p>	<p>The brain plays a major role in the storing and releasing of stress and emotional trauma through a gland called the Amygdala. One of the ways to stimulate this gland is through fragrance and the sense of smell. Essential oils can be a powerful key to help unlock and release emotional trauma when applied at a certain time in a therapeutic session.</p> <p>Our collection of therapeutic essential oils and diffusers are available for continued calming and balancing aromas in your home or office environment.</p>

Treatable Conditions

- Pain Disorders
- Trauma
- Digestive Disorders
- Sports Injuries

- Stress
- Infertility
- Menopausal Syndrome
- Gynecological Disorders

- Anxiety
- Sleep Disorders
- PTSD
- Depression

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Effective Sept 1, 2016

Services

Unified Therapy™

New Patients – <i>Initial Consult with Treatment</i>	\$135
Follow up	\$95

Sports Massage/ Myofascial Active Release

1 hour session	\$95
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Acupuncture

New Patients – <i>Initial Consult with Treatment</i>	\$125
Follow up	\$89

Medical Heart Rate Variability & Stress Analysis

7-minute analysis that can detect initiating disease states	\$50
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Package Plans

Unified Therapy™

Package of Five Treatments - 1 hour sessions. Valid for 2 months	\$400
Package of Ten Treatments – 1 hour sessions. Valid for 4 months.....	\$750

Acupuncture

Package of Four Treatments – 1/week for 45 minutes	\$300
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Health Products

Therapeutic Grade Essential Oils, blended and single extract	\$21 - \$35
Essential Oil Diffuser	\$45
Medical Grade Nutritional Support & Herbal Medicines.....	see provider for details*

*Most Insurance Accepted!
Checks and Credit Cards Accepted
Payment Plans Available*

"Suppressing the symptoms without treating the cause of an illness is an invitation to the manifestation of chronic disease, which moves one further away from true healing."

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