



Integrative Bodywork, Inc

“Promote Health and Vitality, Not Disease and Illness”

<p>Unified Therapy™</p>	<p>Unified Therapy™ is an interactive brain body approach that enables the client to unlock pain, accumulated stress, anxiety and trauma. Unified Therapy™ addresses the ideology or cause of the conditions rather than simply treating and managing symptoms. It can be integrated with and complements other healing therapy treatments including psychotherapy, chiropractic and acupuncture.</p>
<p>Acupuncture</p>	<p>Acupuncture uses the body’s own internal resources to promote innate healing. Acupuncture and Eastern Medicines are safe, effective and drug free options to treat many acute and chronic conditions.</p>
<p> Medical Heart Rate Variability & Stress Analysis</p>	<p>When we are under repetitive stressors, without release, it changes our biology, our chemistry, our bodies, our mind, our brains, and our nervous system, causing a catabolic or break down state. Over time this chronic state of stress can contribute to pain, disease and even illness.</p> <p>In only 7-minute’s we provide a scientifically proven, convenient analysis that can detect initiating disease states by measuring how well your body handles and adapts to stressors.</p>
<p> 20 minute Localized Add-On</p>	<p>Combined sessions with Acupuncture and Myofascial (<i>myo = muscle, fascia = connective tissue</i>) Trigger Point Release can now be experienced on the same day, back-to-back, during the same visit. This unique program is customized to accelerate healing for your specific needs.</p>
<p>Essential Oils & Aromatherapy</p>	<p>The brain plays a major role in the storing and releasing of stress and emotional trauma through a gland called the Amygdala. One of the ways to stimulate this gland is through fragrance and the sense of smell. Essential oils can be a powerful key to help unlock and release emotional trauma when applied at a certain time in a therapeutic session.</p> <p>Our collection of therapeutic essential oils and diffusers are available for continued calming and balancing aromas in your home or office environment.</p>

Treatable Conditions

- Pain Disorders
- Trauma
- Digestive Disorders
- Sports Injuries

- Stress
- Infertility
- Menopausal Syndrome
- Gynecological Disorders

- Anxiety
- Sleep Disorders
- PTSD
- Depression

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Services

Unified Therapy™

New Patients – <i>Initial Treatment & Evaluation</i>	\$125
Follow up	\$85

Acupuncture

New Patients – <i>Initial Treatment & Evaluation</i>	\$125
Follow up	\$89

Medical Heart Rate Variability & Stress Analysis

7-minute analysis that can detect initiating disease states	\$50
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20 Minute Localized Add-On

Option 1 – 20 minutes of Myofascial Trigger point Release.....	\$30
Option 2 – 20 minutes of Acupuncture	\$30

Package Plans

Unified Therapy™

Package of Five Treatments - 1 hour sessions. Valid for 2 months	\$375
Package of Ten Treatments – 1 hour sessions. Valid for 4 months.....	\$700

Acupuncture

Package of Four Treatments – 1/week for 45 minutes	\$300
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Health Products

Therapeutic Grade Essential Oils, blended and single extract	\$21 - \$35
Essential Oil Diffuser	\$45
Medical Grade Nutritional Support & Herbal Medicines.....	see provider for details*

*Most Insurance Accepted!
Checks and Credit Cards Accepted
Payment Plans Available*

"Suppressing the symptoms without treating the cause of an illness is an invitation to the manifestation of chronic disease, which moves one further away from true healing."

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