



## Symptoms of Inner Peace



Be on the lookout for symptoms of inner peace. The hearts of a great many have already been exposed to inner peace and it is possible that people everywhere could come down with it in epidemic proportions. This could pose a serious threat to what has, up to now, been a falsely stable condition of conflict in the world.

### Some Signs and Symptoms of Inner Peace

- A tendency to think and act spontaneously rather than on fears based on past experiences
- An unmistakable ability to enjoy each moment
- A loss of interest in judging other people
- A loss of interest in interpreting the action of others
- A loss of interest in conflict
- A loss of the ability to worry (This is a very serious symptom)
- Frequent, overwhelming episodes of appreciation
- Contented feelings of being connected with others and nature
- Frequent attacks of smiling
- An increasing tendency to let things happen rather than make them happen
- An increase in susceptibility to the love extended by others as well as the uncontrollable urge to love them back

~ Author Unknown