



Unified Theory of Everything Human Healing Retreat/Workshop Testimonial

By M. D.

Client of Jim Fazio, LMT, CSI, UTP

After working with Jim Fazio for a brief time, and after trying so many different modalities, I was so impressed with my progress in such a short time, that I decided to go to the Unified Therapy™ Healing workshop. **Wow! What an incredible day!**

I learned so much from Dr Canali's lecture – about how repressed emotions and stress can impact physical pain and how it is possible to heal.

I always feel a bit awkward with new people but the instructors and everyone there were so kind, nice and welcoming, I quickly felt right at home. I was stunned from the start at the depth of the spirituality, connection and compassion with the others, most of whom I had met for the first time! I was quite happy to listen and learn from the others. *The support around me was overwhelming and hopeful.*

And then the sessions began...

The healing was magnified in sharing the experience with other compassionate, caring people *who understand the process* – because they have lived it and experienced it as well. I was even learning by the instruction Dr Canali was giving them while I was on the table. Very powerful to feel so cared for, and then in turn to be able to be supportive in holding that space for someone else to experience their healing journey. It was quite moving and beautiful.

I know this – if you suppress one emotion, you can't feel the others. Your body does not discriminate. You have to feel it, in a safe environment, to heal it. It is true. I have seen it. I have felt it. To truly feel your happiness, you need to feel everything else... the hurts of the past...it is worth every moment of feeling those difficult emotions when you get to the other side. The other side is peace, joy, life. It is possible, it does exist.

I know I'm on the right path. Everything I have done in the past has led me to this... it all fits. We will see where this interesting journey leads.

Anyone who is experiencing grief, loss or trauma of any kind should know they are not alone. There is hope, support and peace if you allow it for yourself. It is possible!

I am so grateful for the opportunity and for meeting and working with such a wonderful group of people... thank you, thank you!

It was truly a day of learning and healing.

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